



# Discover your Raleigh Parks and Recreation Department

## **ART YOUTH**

### **Joy of the Arts Success Academy - Rhythm Room**

Age: 6-14 yrs.

This class will explore different dance styles and techniques. The dance sessions will provide knowledge of various dances from different cultures. Dance styles will rotate every week to cover and incorporate all dance techniques. This course provides and encourages the exploration of the arts through body movement and also will provide instructional content which will elaborate on these styles and techniques performed and their origin.

Course Fee: \$32

**148624**

**Aug 12-14**

**Mon-Wed**

**6:00 PM-8:00 PM**

### **Joy of the Arts Success Academy- A "Stroke of Genius" Studio**

Age: 6-14 yrs.

All painting, printing, and similarly messy projects will take place here. The studio will be generously stocked with a multitude of different types of child friendly paints, inks, and dyes as well as a variety of papers, brushes, brayers, and printing mediums. Course Fee: \$32

**148622**

**Aug 5-7**

**Mon-Wed**

**6:00 PM-8:00 PM**

### **Joy of the Arts Success Academy-Doodle Palooza**

Age: 6-14 yrs.

The focus of the Doodle Palooza Shop is drawing, design, and reproduction. Children can choose from a variety of drawing tools including color pencils, crayons, markers, watercolor pencils, chalk, and charcoal pencils. Discovery is possible through imitation or free exploration. Many paper textures and incomplete reproductions will be available for use. Course Fee: \$32

**148623**

**Aug 19-21**

**Mon-Wed**

**6:00 PM-8:00 PM**

### **Joy of the Arts Success Academy-Expression Sessions**

Age: 6-14 yrs.

This class is dedicated to those who have a passion for expression through writing. Here one can gain knowledge of appropriate writing techniques and produce their own creative pieces. Classes will be led by writing scholars who will teach using an extensive writing curriculum. Students will gain insight and inspiration by learning about the works of great authors. Students will have a chance to share their work with their peers and support one another. They can also personalize their own creative brand and perfect their talent. Course Fee: \$32

**148620**

**Jul 8-10**

**Mon-Wed**

**6:00 PM-8:00 PM**

### **Joy of the Arts Success Academy-Hands on Haven**

Age: 6-14 yrs.

Prepare to get messy. Maybe! All sculpture and three-dimensional art activities will take place in this suite. Children are free to produce sculptures using ever-changing material. Such materials include recycled objects and creative supplies to create unique individualized works. Course Fee: \$32

**148621**

**Jul 22-24**

**Mon-Wed**

**6:00 PM-8:00 PM**

**Joy of the Arts Success Academy-Jewelry Making**

Age: 6-14 yrs.

Youth will have the opportunity in this class to use old, recycled and hand crafted objects to produce bracelets, necklaces, and other pieces of jewelry. Students can use their creativity to produce pieces that match up to their own personal styles. Course Fee: \$32

**148619****Jul 15-17****Mon-Wed****6:00 PM-8:00 PM****Joy of the Arts Success Academy-Pastels**

Age: 6-14 yrs.

This class focuses on the art medium of pastels to create various art portraits. Students will learn how to appropriately use pastels to create color and bold works of art. Students will learn about artists that use this medium and recreate pieces produced by famous artists. Course Fee: \$32

**148618****Jul 29-31****Mon-Wed****6:00 PM-8:00 PM****ATHLETIC  
YOUTH****Youth Cheerleading**

Age: 7-13 yrs. The athletics division in coordination with the community centers are offering cheerleading for ages 7-13 yrs. Registration is July 22-26, 2013. Squads will be organized with the youth football teams in the City of Raleigh league. League age is determined by age of participant as of August 31st of current year. Internet registration is not available. For more information, please contact the Athletics Department at 919-831-6836. Biltmore Hills Community Center Course Fee: \$48

**140881****Aug 12-Oct 28****Monday****6:00 PM-7:30 PM****Youth Junior League Tackle Football (11-13)**

Age: 11-13 yrs.

The athletics department in coordination with community centers is offering tackle football for ages 11-13 (weight 100-155 pounds). Registration is July 22nd-until filled (last day of registration is July 26th). League age is determined by August 31st, 2013. Fee is \$48 for Raleigh Residents and \$60 for Non-Raleigh Residents.

Biltmore Hills Community Center

**140836****Aug 12-Oct 28****Monday****6:00 PM-9:00 PM****Youth Little League Tackle Football (9-11)**

Age: 9-11 yrs.

The athletics department in coordination with community centers is offering tackle football for ages 9-11 (weight 75-120 pounds). Registration is July 22nd-until filled (last day of registration is July 26th). League age is determined by August 31st, 2013. Fee is \$48 for Raleigh Residents and \$60 for Non-Raleigh Residents.

Biltmore Hills Community Center

**140823****Aug 12-Oct 28****Monday****6:00 PM-9:00 PM****Youth Mitey Mite Tackle Football (7-9)**

Age: 7-9 yrs.

The athletics department in coordination with community centers is offering tackle football for ages 7-9 (weight 45-90 pounds). Registration is July 22nd-until filled (last day of registration is July 26th). League age is determined by August 31st, 2013. Fee is \$48 for Raleigh Residents and \$60 for Non-Raleigh Residents.

**140532****Aug 12-Nov 2****Mon-Sat****6:00 PM-9:00 PM****TEEN****Biltmore Hills 14& under Boys League**

This is a competitive league for upcoming 5th, 6th and 7th graders. Team registration will be August 12-25th. \$300 per team

**140890****Sep 10-Oct 30****Various Days****6:00 PM-8:00 PM****Biltmore Hills 16 & under Boys Basketball**

This league is for 8th and 9th graders that would like to sharpen their skills for the upcoming basketball season. Team registration will be August 12-25th. Course Fee: \$300

**140891****Sep 11-Nov 2****Various Days****8:00 PM-9:00 PM**

## ADULT

### Exercise - Weight Room/Fitness Centers

Age: 18yrs. and up.

Check out the fitness rooms around the city! Take advantage of the variety of cardiovascular and strength training equipment available around the city and get into shape. The fitness rooms will be open during normal center operating hours. Participants must be 18 years of age or older. Please see staff for additional information. Course Fee: \$10

<b>140251</b>	<b>Jul 1-31</b>	<b>Daily</b>	<b>10:00 AM-9:00 PM</b>
<b>140252</b>	<b>Aug 1-31</b>	<b>Daily</b>	<b>10:00 AM-9:00 PM</b>

## FAMILY

### Tae Kwon Do - Beginners

Age: 5yrs. and up.

Marital arts course where the art of self-defense, confidence, self-esteem, discipline, respect and self-control taught through practice drills, class room instruction and tournaments. This is an ongoing class that promotes belt promotions. Wear Comfortable Clothes. Classes by Sensei Thomas Jarrett.

Biltmore Hills Community Center

Course Fee: \$35

<b>140888</b>	<b>Jul 1-31</b>	<b>Monday</b>	<b>6:00 PM-7:30 PM</b>
<b>140889</b>	<b>Aug 5-28</b>	<b>Monday</b>	<b>6:00 PM-7:30 PM</b>

## SPORTS

### YOUTH

### Biltmore Hills Football Fundamentals and Conditioning

Age: 6-13 yrs.

This program will help players with football fundamentals and conditioning for the upcoming football seasons.

Course Fee: \$10

<b>140837</b>	<b>Jul 22-25</b>	<b>Mon &amp; Thurs</b>	<b>6:00 PM-7:00 PM</b>
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## ADULTS

### Tennis - Free play for adults

Age: 18yrs. and up.

Free play for adults are held at Biltmore Hills Tennis Courts on Tuesday and Thursday evenings throughout the year at 6:30pm. This is a drop-in program which is organized by the Ebony Racquet Club, for all levels of play, simply show up and play.

<b>141801</b>	<b>May 2-Aug 29</b>	<b>Tues &amp; Thurs</b>	<b>6:30 PM-9:00 PM</b>
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